Instructions: This form is to be completed and returned to the student’s counselor prior to the quarter for which the Independent Study PE (ISPE) is being requested.

ISPE is an optional alternative instructional strategy, not an alternative curriculum. Students work independently according to a written agreement and under the general supervision of a credentialed teacher. While ISPE students follow the District-adopted curriculum and meet the District graduation requirements, ISPE offers flexibility to meet individual needs, interests and styles of learning.

The out-of-school activity being proposed must:

1. be instruction under the direct supervision of a credentialed or otherwise qualified instructor, who is at least 21 years of age;
2. consist of instruction that includes a minimum of ten hours a week in the student’s competitive sport;
3. incorporate research and learning in the District health standards, for 9th-grade students;
4. incorporate the eight PE content areas mandated by the state and District, and
5. include a student journal and time log documenting progress in the requirements for each content area.

I hereby certify that the above-named student has discussed the proposed activity(ies) with me and that the time commitment and information outlined in the preceding portion of this application are correct. I further certify that I will immediately advise the school if any of the above specification change or are not satisfied. I will also provide verification of completion to the school upon request during the period of this independent study and at the conclusion of the instruction.

Name of validator (please print): __________________________________________________________________________
Date: _______________
Signature of validator: ________________________________________________________ Date: _______________

I certify that the specifications of the out-of-school instruction as outlined above are correct and that the school will be immediately notified of any changes in this proposal. I understand that:

- the student must maintain a minimum grade point average of 2.5 on a 4.0 scale for each grading period.
- the student must submit a journal of progress toward fulfilling the requirements for each of the eight content areas with the time logs prior to the last day of each quarter as detailed by the supervising teacher. (Freshmen without valid reasons may cause an evaluation to determine whether the student should remain in ISPE.
- the student must attend the mandatory meetings held on the first and last week of each quarter along with the periodic individual progress meetings. Missing assignments or appointments with the supervising teacher without valid reasons may cause an evaluation to determine whether the student should remain in ISPE.

Failure of satisfying any points in section III will result in removal from ISPE and a grade of “No Credit”.

I also agree to hold the District harmless from responsibility/liability for any accident or injury, which may result from participation in the independent study described above or the travel to and from the independent study, or for any fees, supplies or equipment related to the proposed independent study.

Signature of Student: ___________________________ Date: _______________
Signature of Parent/Guardian: ___________________________ Date: _______________

IV. Recommendation of counselor (to be completed by student’s counselor)

☐ I believe the instruction specified above satisfies the criteria for granting out-of-school instruction ISPE

Signature of Counselor: ___________________________ Date: _______________

V. Approval of principal (to be completed by principal or designee)

☐ Approved  ☐ Denied

Signature of Principal or Designee: ___________________________ Date: _______________

VI. Monitoring PE teacher (to be completed by PVPUSD PE teacher):

Signature of Teacher: ___________________________ Date: _______________