Directions: This form needs to be completed and returned to the Principal of the school for which Independent Study Physical Education (ISPE) is being requested.

ISPE is an optional alternative instructional strategy, not an alternative curriculum. Students work independently adhering to a written agreement under the general supervision of a credentialed physical education teacher. Students will follow the same course of study and meet the same academic standards as classroom-based students. This is a year-long class.

The out-of-school activity being proposed must:

- be instructed under the direct supervision of a credentialed or otherwise qualified coach who is at least twenty-one years of age;
- consist of instruction that includes a minimum of ten hours a week in the students competitive sport;
- incorporate research and learning in the District health standards;
- incorporate the eight PE model content standards mandated by the state and District;
- include a student journal and time log documenting progress in the requirements for each content area as explained by the supervising teacher.

I hereby certify that the above-named student has discussed the proposed activity(ies) with me and that the time commitment and information outlined in the preceding portion of the application are correct. I further certify that I will immediately advise the school if any of the specifications above change or are not satisfied. I will also provide verification of completion to the school upon request during the period of this independent study and at the conclusion of the instruction.

Name of coach (print): ___________________________ Date: ____________

Signature of coach: ___________________________ Date: ____________
III. Statement of understanding for student and parent/guardian:
I certify that the specifications of the out-of-school instruction as outlined above are correct and that the school will be immediately notified of any changes in this proposal. I understand that:
1. my student must submit a journal of progress toward fulfilling the requirements for the PE model content standards twice a month;
2. my student must meet once a month during zero period with assigned credentialed PE teacher;
3. my student must have maintained a 90% or higher in the last PE class attended and a citizenship mark of Satisfactory or better for the previous three trimesters;
4. my student must maintain an overall “C” average for the current school year;
5. this agreement will terminate, if my student has missing assignments or appointments with the supervising PE teacher without valid reasons.

Failure of satisfying any points in section III will result in removal from ISPE and a grade of “No Credit”.

I also agree to hold the district harmless from responsibility/liability: for any accident or injury, which may result from participation in the independent study described above or the travel to and from the independent study, or for any fees, supplies or equipment related to the proposed independent study.

Signature of student: ____________________________________________ Date: ______________

Signature of parent/guardian: ____________________________________________ Date: ______________

IV. Principal/Designee Determination: ___ Approved / ___ Denied
_________________________________________ Date
Principal/Designee Signature